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AMENDMENTS TO CLAIMS

This listing of the claims will replace all prior versions, and listings, of claims in the application:

- 1. (Previously presented) A composition for treating allergic diseases, comprising shoots of the plant belonging to the family Pinaceae mixed with water and saccharide and fermented.
- 2. (Currently amended) The composition of Claim 1, wherein the plant belonging to the family Pinaceae is a plant belonging to genus Pinus.
- 3. (Currently amended) The composition of Claim 1, wherein the saccharide is sugar.
- 4. (Currently amended) The composition of Claim 1, wherein the allergic disease is asthma.
- 5. (Currently amended) The composition of Claim 1, wherein the allergic disease is atopic dermatitis.
- 6. (Previously presented) A composition comprising shoots of pine mixed with water and sugar and then fermented.
- 7. (Previously presented) A method of producing a remedy for allergic diseases, comprising a step of dissolving saccharides in sterilized water to

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prepare a solution containing dissolved saccharides, and a step of adding shoots of plants belonging to the family Pinaceae to the solution containing dissolved saccharides followed by fermentation.

- 8. (Currently amended) The method of producing a remedy for allergic diseases according to Claim 7, wherein the plant belonging to the family Pinaceae is a plant belonging to the genus Pinus.
- 9. (Currently amended) The method of producing a remedy for allergic diseases according to Claim 7, wherein the saccharide is sugar.
- 10. (Currently amended) The method of producing a remedy for allergic diseases according to Claim 7, wherein the fermentation is conducted under anaerobic conditions at 10 to 70°C for 3 to 9 months.
- 11. (Currently amended) A method of producing a remedy for allergic diseases, comprising a step of dissolving sugar in sterilized water to prepare a solution containing dissolved sugar, and a step of adding shoots of pine to the solution containing dissolved sugar, followed by fermentation.
- 12. (Currently amended) The method of producing a remedy for allergic diseases according to Claim 11, wherein the fermentation is conducted under anaerobic conditions at 10 to 70°C for 3 to 9 months.

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13. (Currently amended) A method of producing a remedy for allergic diseases, comprising a step of dissolving sugar in water to prepare a sugar aqueous solution cooled to ambient temperature, and a step of adding water-washed shoots of pine to the sugar aqueous solution, placing the solution into a vessel and sealing the vessel, followed by-fermentation.

14. (Currently amended) The method of producing a remedy for allergic diseases according to Claim 7, wherein the fermentation is conducted at 10 to 70°C for 3 to 9 months.

15. (Currently amended) The method of producing a remedy for allergic diseases according to Claim 11, wherein the spontaneous fermentation is conducted by placing the sealed vessel at a place receiving direct sunlight for three to nine months.

16. (Currently amended) A health food obtained by mixing shoots of plants belonging to the family Pinaceae with water and saccharide, followed by fermentation.

17. (Currently amended) A health food obtained by mixing shoots of pine with water and sugar, followed by fermentation.

18-20. (Cancelled)